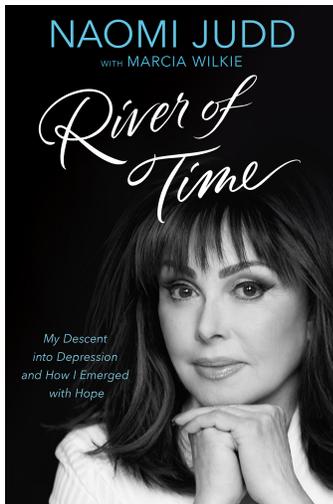


FOR IMMEDIATE RELEASE

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## GRAMMY Award-Winning Country Superstar and Bestselling Author Naomi Judd to Release Eye-Opening Memoir with Hachette Books December 2016

***RIVER OF TIME: My Descent into Depression and How I Emerged with Hope Delves into Star's Troubled Past and Longstanding Struggle with Debilitating Depression and Panic Attacks***



**Tweet It!** Country Superstar [@TheNaomiJudd](https://twitter.com/TheNaomiJudd) to release eye-opening memoir #RiverOfTimeBook 12.6 w/ @HachetteBooks <http://bit.ly/2cZ8Eyp>

*I wanted to be completely honest that if someone took out a gun and killed me on stage, they would be doing me a favor. But I didn't. I was there to inspire them and I could not let them down. I gathered every ounce of strength I had, straightened my shoulders, adjusted my suit jacket, found the will to smile, and strode out on stage. – Naomi Judd, RIVER OF TIME*

**Nashville, Tenn.** – Sept. 22, 2016 – In 2011, following a wildly successful North American “Encore” concert tour, Naomi Judd, or “Mama Judd” as she’s affectionately known by adoring fans worldwide, was diagnosed with severe treatment-resistant depression. Marked with terrorizing panic attacks, nightmarish flashbacks from childhood trauma, harrowing pharmaceutical drug poisoning, and years of psychiatric hospital treatments, Judd’s never-before-told journey through the darkness is chronicled in her raw and deeply personal upcoming memoir ***RIVER OF TIME: My Descent into Depression and How I Emerged with Hope*** (Hachette; ISBN 978-1455595747; December 6, 2016; \$27). Written with *New York Times* best selling co-author Marcia Wilkie, she bares her soul-shattering saga for the 350 million people worldwide who suffer from anxiety and depression that they may find hope and encouragement.

“My story isn’t one of a victorious recovery from debilitating mental illness, but of a wary and humble gratitude for persevering through thirty terrifying months,” shares Naomi Judd. “I’ve gained an appreciative hope and, in the past year, an ongoing purpose for living once more. And, because I have survived and found peace, I feel a responsibility, as a messenger, to share what brought me hope and what’s kept me alive. “

“Naomi’s riveting book shares a compelling and candid account of her struggle with depression,” said Rolf Zettersten, Senior Vice President & Publisher at Hachette Books. “Her story offers hope and a path to recovery.”

As one half of one of the most iconic country music acts of all time, fans have witnessed Judd publicly battle and survive Hepatitis C, star in numerous films and television shows, and serve on some of the most prestigious humanitarian and wellness boards of our time. Until now, in ***RIVER OF TIME***, very few have known Diana Ellen Judd, the little girl born in the heart of Appalachian Kentucky who endured years of horrifying sexual abuse from her uncle and total disillusionment as a teenaged mother. By finally facing her disturbing past and receiving the healing treatment she needed, Judd persevered and finds a sense of well-being and joy in each day.

**Please contact Beth Gebhard at [Beth@ChoicePublicity.com](mailto:Beth@ChoicePublicity.com) or 615.336.0194 to request an advance reader’s copy of “River of Time” or to schedule an interview. For more information, please visit [www.naomijudd.com](http://www.naomijudd.com) and [www.centerstreet.com](http://www.centerstreet.com) #RiverOfTimeBook.**

#### **About Naomi Judd**

With over 20 million albums sold to date, **Naomi Judd** (and Wynonna) of “The Judds,” won more than 60 industry awards including five GRAMMYs, nine CMAs and eight ACM awards. After Hepatitis C threatened to end her hard-won career and life, she fully recovered and penned her bestselling 1993 memoir *Love Can Build a Bridge*. Naomi went on to author a total of eight books, including *Naomi’s Breakthrough Guide: 20 Choices to Transform Your Life*, which remained on the *New York Times* bestseller list for more than eight weeks. Additionally, as the first national spokesperson for the American Liver Foundation, a member of Dr. Andrew Weil’s board of directors, and an Ambassador for the American Humane Association, Naomi continues to be a sought-after inspirational speaker and partner for social awareness campaigns and associations.

#### **About Center Street:**

Center Street publishes for the general market in a number of categories including Fiction, Self-Help, Inspiration, Business, Memoir, History, and Health & Fitness, and has published a number of bestselling titles including books by Ted Dekker, Karen Kingsbury, Elisabeth Hasselbeck and John Maxwell.

#### **About Hachette Book Group:**

Hachette Book Group (HBG) is a leading trade publisher based in New York and a division of Hachette Livre, the second-largest publisher in the world. HBG publishes under the divisions of Little, Brown and Company, Little Brown Books for Young Readers, Grand Central Publishing, FaithWords, Center Street, Orbit, and Hachette Digital.

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