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Discover, Explore and Become Your Best Self

Your Enneagram Coach uses the Enneagram as a tool to help harness self-limiting behaviors into life-enhancing personal empowerment and help people understand why they think, feel, and behave in particular ways according to their own personality type.

Your Enneagram Coach is a community designed to be a safe place for individuals to explore the Enneagram. Over 2 million people have taken *Your Enneagram*



Beth McCord

Type 9 | Peaceful Mediator

Beth-Selling Author, Speaker, and Coach, Beth McCord is passionate about coming alongside individuals and helping them understand and interpret their story, allowing them to see that lasting change, meaningful relationships, and a life of deep purpose is possible.

She and her husband, Jeff McCord, created *Your Enneagram Coach*. Spending years training under the top Enneagram experts, Beth is now leading the way

Coach's Enneagram type assessment, with an average of 2,500 people taking it per day, all of whom receive weekly newsletters.

Additionally, *Your Enneagram Coach: The Podcast* helps couples dive deeper into the Enneagram and receives an average of 15,000 downloads per episode.

From courses that allow you to dive deeper into the Enneagram to ones that strengthen your marriage, *Your Enneagram Coach* offers a variety of courses that bring the clarity you need using the power of the Enneagram.

Your Enneagram Coach has trained 700+ coaches worldwide who are transforming and making a lasting impact on others' lives.

in simplifying the deep truths of the Enneagram from a Biblical perspective.

Beth's mission is to make personal awareness and growth accessible for everyone, anywhere, so they can experience health and transformation in every area of their life. Her heart for couples is to guide them to clarity and give them insight into their individual personalities and unique relationship dynamics, helping them break free from unhealthy patterns and transform into the couple God designed them to be.

She believes that when spouses know and experience the unconditional love, forgiveness, and freedom they have in Christ, they can experience the intimate and thriving relationship of their dreams. Beth lives in Nashville, Tennessee, with her husband and two kids, Nate and Libby.



“As you determine your Enneagram Type, see the beauty of your superpower, and don’t be so thrown off by your blind spot. Trust the Holy Spirit will use your superpower to glorify Him.”

- BETH MCCORD

Potential Discussion Topics:

The Enneagram

- Overview of the Enneagram and how it can be used for self-discovery and personal growth
- Using the Enneagram to transform self-limiting behaviors
- How your Enneagram type impacts your life and the way you view the world
- Misconceptions about each Enneagram type
- The Enneagram as a GPS for everyday life and interactions
- How to lead each Enneagram Type

Faith

- Using The Enneagram to deepen your relationship with Christ
- How to use the Enneagram to lead a purpose-driven life in Christ

Parenting & Relationships

- Improving your marriage using the tools of the Enneagram
- Parenting based on your child’s Enneagram Type
- Using your Enneagram Type to fight well in your relationship
- How to be a better friend, according to your Type

Your Enneagram Coaching Certification

- How to know if you’d be a good coach and equipping you to help others transform
- The benefits of having an Enneagram Coach

